



# Belly Dancing at Maui Aerial Arts

Sign up now:  
[mauiaerialarts.com](http://mauiaerialarts.com)

## \*Kids Dance\*

**Mondays 2:15-3:15pm**  
**ages 6-12yrs**

Explore rhythms and movements from many styles; African, Belly, Hip Hop, Jazz, Latin, and Swing. Part of the class time will use paper and colored pencils to express and draw before and after dancing, learning dance notation.

## \*Belly Dance\*

**Mondays 7:15-8:15pm**  
**ages 13-Adults**

Move to diverse rhythms

with Fusion Belly Dance, while strengthening your core, and improving your balance. Beginners are welcome, basics will be explained, posture improved, and choreography taught.

Kathryn/Katalyst has been dancing and performing since 5yrs old and has taught diverse dance styles. She has performed Belly Dance in San Francisco, Los Angeles, Honolulu, and Kona and is a Somatic Movement Therapist. FB: <https://www.facebook.com/katalyst.bliss>



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